



AORE 2010 Pre and Post-Conference Workshops

Pre-conference workshops		
Workshop title (click to view descriptions)	Date and time	Attendee price
PCIA Climbing Wall Instructor / Course Provider Training	11/8, 4–9 p.m. 11/9, 8:30–6 p.m. 11/10, 8:30–4 p.m.	\$295 (PCIA membership required)*
PCIA Base Managed Climbing Instructor Course	11/8–10, 9 a.m.–6 p.m.	\$400 (PCIA membership required)*
PCIA Single Pitch Climbing Instructor Course Provider Training	11/9–10, 8 a.m.–6 p.m.	\$300 (PCIA membership required)*
NOLS Risk Management Training	11/9–10, 8 a.m.–5 p.m.	\$595
Effective Outdoor Program Design & Management	11/9–10, 8 a.m.–5 p.m.	\$400
Wilderness First Responder Recertification (WMTC)	11/9–10, 8 a.m.–5 p.m.	\$180
Recreation Programs of the US Air Force Academy	11/9–10, noon–5 p.m.	\$75
Telemark Ski Clinic	11/10, 8 a.m.–5 p.m.	\$25 plus \$35 for lift pass
Climbing Wall Managers Workshop	11/10, 8:30 a.m.–3:30 p.m.	\$50
Discounted Lift Tickets to Loveland Ski Area	11/10 or 11/14	\$35
Post-conference workshops		
PCIA Base Managed Climbing Instructor Exam	11/14, 8 a.m.–6 p.m.	\$150
PCIA Single Pitch / Top Managed Climbing Instructor Module	11/15, 8 a.m.–6 p.m.	\$150

Pre/Post Conference Workshop descriptions

PCIA Climbing Wall Instructor / Course Provider Training

Dates: 11/8: 4–9 p.m. (provider candidates meet at 1 p.m.), 11/9: 8:30 a.m.–6 p.m., 11/10: 8:30 a.m.–4 p.m.

Price: \$295 (PCIA membership required)*

The PCIA Climbing Wall Instructor Course provides instructors and potential instructors with a in depth and standardized understanding of the skills essential to teaching climbing in an indoor setting. It is the first step in a sequential approach to professional climbing instructor development. The course reinforces the importance of teaching technically accurate information and debunks many common climbing myths. The course emphasizes the presentation of sound fundamental skills to climbing gym participants, the formation of risk assessment and risk management skills and basic problem solving skills such as belay transitions and on wall coaching and assist techniques. Participants will be assessed on both their core knowledge and their ability to effectively teach and coach related skills.

PCIA CWI Provider training allows qualified climbing wall instructors to enter the provider training track, eventually allowing them to train and certify PCIA CWI programs.

*Membership to the PCIA is required for this course, and is available at a 20% discount; individual membership is \$40 instead of \$50.

PCIA Base Managed Climbing Instructor Course

Date: 11/8–10, 9 a.m.–6 p.m.

Price: \$400 (PCIA membership required)*

The BMCI course provides an in depth and standardized understanding of the skills essential to teaching base managed climbing. The course reinforces the importance of teaching technically accurate information and debunks many common climbing myths. The emphasis is on refining core skills and improving educational delivery of material.

This thirty hour (3 day) course builds upon the existing skills of competent recreational climbers by taking an in depth look at site selection, equipment, knot selection, anchor construction, rope systems, LNT practices, rescue and assistance skills as well as key instructional skills. Most importantly the course stresses blending these skills together to form a seamless and efficient educational climbing experience for participants. Participants may then elect to take a one day certification exam.

The PCIA educational program has been designed to provide focused, sequential instruction and credentialing in the art and science of climbing instruction. The unique modular design of our courses provides a large bandwidth of training and certification opportunities designed around the needs climbing instruction programs. Participants gain access to accurate and consistent information and learn to utilize safer, more efficient techniques that are environmentally and user friendly. Participants also benefit from exposure to current research, on-going professional critique, and continual oversight and quality assurance reviews of instructors.

The PCIA Single Pitch Climbing Instructor training series is a total of three modules over five days. It consists of a 3 day Base Managed Climbing Instructor course followed by an optional one day BMCI

assessment. Participants may then elect to take a single day Top Managed (no leading required) and/or Single Pitch (leading required) endorsement module.

* Membership to the PCIA is required for this course, and is available at a 20% discount; individual membership is \$40 instead of \$50.

PCIA Single Pitch Climbing Instructor Course Provider Training

Date: 11/9–10, 8 a.m.–6 p.m.

Price: \$300 (PCIA membership required)*

This course lays the foundation for becoming a Professional Climbing Instructor Association (PCIA) Course provider for the Base Managed, Top Managed and Single Pitch Climbing Instructor courses. The instructor provider is expected to provide state of the art education and to evaluate and decide about the readiness of instructor candidates to become certified climbing instructors. Upon successful completion of the provider training, instructor candidates typically begin observing and assisting lead instructors and take on increasing responsibilities until they have fully transitioned to delivering courses on their own. Fully qualified providers are then able to instruct PCIA courses on their own or through institutions.

The PCIA seeks instructor provider candidates who have significant experience in teaching climbing, are well informed about climbing equipment and current techniques, are superb technicians who are highly skilled in the management of clients in hazardous terrain, and be patient, caring educators who continually strive to better their own knowledge and delivery methods.

Individuals interested in attending this program should submit a resume and cover letter to the PCIA prior to registering. Each candidate is reviewed individually by the PCIA Technical Committee and evaluated on the merits of their background. Selected individuals are expected to be active in educational development and personally interested in furthering the professionalism of climbing instructors.

* Membership to the PCIA is required for this course, and is available at a 20% discount; individual membership is \$40 instead of \$50.

NOLS Risk Management Training

Date: 11/9–10, 8 a.m.– 5 p.m.

Price: \$595

Whether your program is small or large, wilderness based or study abroad, you have a responsibility to your staff and participants to invest in risk management planning. Building a comprehensive risk

management plan can feel daunting. This seminar will provide a structured approach and the tools to build a risk management plan appropriate for your organization. We will share our experience managing risk in wilderness environments around the world. The NOLS Risk Management Training is designed for outdoor and adventure program administrators. Throughout the training you will participate in exercises to help you evaluate and build a risk management plan for your organization.

Effective Outdoor Program Design & Management

Date: 11/9–10, 8 a.m.–5 p.m.

Price: \$400

The course will examine the complex relationships surrounding outdoor program design & management from both the field instructor and program administration perspectives using PowerPoint, interactive whiteboard lecture, video and small group activities. Increase safety, reduce incidents, reach your programmatic goals, and increase participant satisfaction. The workshop is guaranteed to have a positive impact on how you administer and deliver your programs and courses.

Tuition includes Effective Outdoor Program Design & Management (text) and the water-proof, tear-proof Site Management Handbook (field handbook), and workshop small group exercise book (sent as PDF file prior to workshop).

Wilderness First Responder Recertification (WMTC)

Date: 11/9–10, 8 a.m. – 5 p.m. (Wilderness CPR Adult, Child, & AED certification 6–8 p.m., 11/9)

Price: \$180

This course is a WMTC Distance Learning Project (DLP) course and re-certifies WFR & WEMT graduates from all major providers. You will receive WMTC's water-proof handbook, a data DVD, and access to an on-line test. You must pass the on-line test prior to attending the preconference practical session; there is no formal lecture during the practical session.

Please visit www.wildmedcenter.com for details on our DLP courses and a list of accepted providers. To allow sufficient time to receive the course materials, study, and complete the online test, the registration deadline is Friday, October 27.

Course materials will be sent to you upon receiving your registration information from the conference host. Plan 6-10 hours to review the pre-course material and pass the online exam.

Recreation Programs of the US Air Force Academy

Date: 11/9–10, noon– 5 p.m.

Price: \$75 per participant, includes transportation and one meal

Participants will be picked up from DIA (must arrive no later than noon), and transported to the USAFA by van. Upon arrival at USAFA, participants will be provided tours of Recreation Facilities (Outdoor Recreation Golf, Bowling, Youth Center, Fitness Center, Community Activities, Family Campground) conducted by facility managers, windshield tour of Academy with special stop at Cadet Chapel. Participants will camp cook a group dinner using Dutch ovens and grills. Sleeping arrangements in warehouse/racquetball court or tent camping at Family Campground (cots/sleeping bags/tents included). Shower facilities at Fitness Center. Participants can choose of one activity such as mountain biking, road ride, trail hike, or extreme hike of Stanley Canyon. Participants will leave the base by 2 p.m. for transportation to Keystone. Limited to first 50 participants.

Telemark Ski Clinic

Date: 11/10, 8 a.m. – 5 p.m.

Price: \$25 for Clinic plus \$35 for lift pass

Whether you are a beginner or advanced tele skier this clinic will improve your skills. We will have two instructors so we can split into different level groups. We will work on a wide variety of skills and get you ripping up the slopes. This clinic is for alpine and telemark skiers who want to learn or improve their telemark ski technique. Vendor Member Black Diamond will be available to provide equipment and demos.

Climbing Wall Managers Workshop

Date: 11/10, 8:30 a.m. – 3:30 p.m.

Price: \$50

Climbing wall managers are responsible for everything from staff training to inspection, documentation, purchasing, marketing, the list goes on. It is a huge job. In this full day workshop, PCIA brings together leading experts to discuss with new and practicing climbing wall managers the latest information you need to run your climbing wall. Representatives from university programs, the climbing wall industry, training and certification organizations and climbing wall manufacturers will be on hand to lead you through the climbing wall management workshop. Topics will include design and building of a climbing wall, staff training, inspection and maintenance, facility operation, orientation, programming, industry

standards. By the end of the workshop, participants will have a greater understanding of the wide variety of concerns that face the manager of a climbing wall and tools to address these concerns.

Discounted Lift Tickets to Loveland Ski Area

Price: \$35

Dates: 11/10 or 11/14

We will have discounted Lift Tickets to Loveland Ski area! Loveland is right down the road from Keystone and is known for being one of the first resorts to open up in Colorado. We will have a shuttle bus on each day to bring individuals that don't have transportation to the resort departing from the Inn at Keystone. Signups will be at the registration desk for transportation.

PCIA Base Managed Climbing Instructor Exam

Date: 11/14/2010 8 a.m. – 6 p.m.

Price: \$150

The PCIA Base Managed Climbing Instructor exam is a one day field evaluation that upon successful completion leads to PCIA Base Managed Climbing Instructor Certification. The exam addresses both technical and educational proficiencies related to entry level climbing instruction.

Exam candidates should be graduates of the PCIA Base Managed Course, AMGA Single Pitch Course or similar training. Candidates wishing to challenge the exam may also send a letter of request and resume to the PCIA for consideration.

PCIA Single Pitch / Top Managed Climbing Instructor Module

Date: 11/15/2010 8 a.m. – 6 p.m.

Price: \$150

This one day course module is fast paced and addresses skills unique to managing climbs that are belayed from the top or require lead climbing to set up. Candidates who are able to demonstrate lead climbing skills can pursue Single Pitch Certification while those who do not lead may pursue Top Managed Certification. Top managed skills include instructor belays utilizing Munter Hitches and assisted locking devices, student belays utilizing aperture belay devices and methods of backing up, easy

ways to secure clients at the edge without additional equipment, raising systems and more advanced rappel site management. Single Pitch candidates will also cover, lead/rappel transitions, belayer management while leading and leading critique.

Participants should have completed the PCIA Base Managed Climbing Instructor Certification or be taking the exam concurrently.